





ELEMENTARY GRADES PreK-6 September 2019 MENU

MONDAY	TUESDAY	LEAN AND GREEN WEDNESDAY 	THURSDAY	FRIDAY
<p>9/2</p> <p>LABOR DAY NO SCHOOL</p>	<p>9/3 Turkey Hot Dog on Bun (21g) Ⓞ for <u>K-6 ONLY</u> Beef and Bean Burrito (45g) Ⓞ Yogurt with Granola & Cheese Stick (30g) & *Bread (12g) <></p>	<p>9/4 Cheese & Bean Burrito (40g) <> *Macaroni and Cheese (31g) & *Bread (12g) <> *2 Peeps {hard-boiled eggs} (2g)) & *Bread (12g)<> D</p>	<p>9/5 Hamburger/Bun (20g) Ⓞ Pepperoni Pizza (28g) Garden Salad with Egg & Cheese (5g) & *Bread (12g) <> Baked Beans (30g) <></p>	<p>9/6 Chicken Soft Taco (27g) Turkey/Gravy (2g) and Potato (18g) & *Bread (12g) Sun Butter & Jelly & Bagel (49g) <> Ⓞ Corn (17g)</p>
<p>9/9 Chicken Drumstick (5g) & *Bread (12g) Ⓞ Turkey Sausage & French Toast Sticks (40g) WOW Soy Butter & Jelly Sandwich (55g) <> Mixed Vegetables (6g)</p>	<p>9/10 Cheese Pizza (27g) <> Turkey Hot Dog on Bun (21g) Ⓞ <u>for K-6 only</u> Chicken Fajita and Cheese Wrap (19g) & *Bread (12g) Baked Beans (30g) <></p>	<p>9/11 Dynamite Dippers (25g) & *Bread (12g) <> Ⓞ Toasted Cheese Sandwich (24g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> Ⓞ Potato Wedges (14g)</p>	<p> 9/12 Ohio Day Meatball Sub (35g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D</p>	<p>9/13 Chicken Patty on Bun (29g) Ⓞ Cheeseburger Meatloaf on Bun (28g) WOW Soy Butter & Jelly Sandwich (55g) <></p>
<p>9/16 Chicken Nuggets (13g) & *Bread (12g) Ⓞ Cheese Pizza (27g) <> Turkey Ham & Cheese with Tortilla Strips (25g) & *Bread (12g)</p>	<p>9/17 Turkey Hot Dog on Bun (21g) Ⓞ for <u>K-6 ONLY</u> Beef and Bean Burrito (45g) Ⓞ Yogurt with Granola & Cheese Stick (30g) & *Bread (12g) <></p>	<p>9/18 Cheese & Bean Burrito (40g) <> Macaroni and Cheese (31g) & *Bread (12g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D</p>	<p>9/19 Hamburger/Bun (20g) Ⓞ Pepperoni Pizza (28g) Garden Salad with Egg & Cheese (5g) & *Bread (12g) <> Baked Beans (30g) <></p>	<p>9/20 Chicken Soft Taco (27g) Salisbury Steak/Gravy (6g) and Potato (18g) & *Bread (12g) Sun Butter & Jelly & Bagel (49g) <> Ⓞ Corn (17g)</p>
<p>9/23 Chicken Drumstick (5g) & *Bread (12g) Ⓞ Turkey Sausage & French Toast Sticks (40g) WOW Soy Butter & Jelly Sandwich (55g) <> Green Beans (4g)</p>	<p>9/24 Cheese Pizza (27g) <> Turkey Hot Dog on Bun (21g) Ⓞ <u>for K-6 only</u> Chicken Fajita and Cheese Wrap (19g) & *Bread (12g) Baked Beans (30g) <></p>	<p>9/25 Dynamite Dippers (25g) & *Bread (12g) <> Ⓞ Toasted Cheese Sandwich (24g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> Ⓞ Potato Wedges (14g)</p>	<p>9/26 Walking Taco (27g) & *Bread (12g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D</p>	<p>9/27 Chicken Patty on Bun (29g) Ⓞ Cheeseburger Meatloaf on Bun (28g) WOW Soy Butter & Jelly Sandwich (55g) <></p>

Grams of carbohydrate for each food are listed as (g).

*Sliced wheat bread offered with entree.

Ⓞ Dairy-free entrée

<> Plant-based entrée

Pork, seafood, and nut-containing products are not offered.

Menu is subject to change.

Revised 8/21/2019

This institution is an equal opportunity provider, employer, and lender.

